THIS IS HOW YOU FIND THE RIGHT SIZE!

Take your measurements according to the instructions below. Wear close fitting underwear when measuring. Width is measured around circumference. Check the sizes available in each garment before ordering. Not every size is made in each model.

HOW TO TAKE YOUR MEASUREMENTS

A Chest

Measure horizontally across the widest part of the chest/bust. Make sure you keep the tape measure straight across your back.

B Waist

Men and children: Measure horizontally at navel height. Women: Measure horizontally across the narrowest part of the waist.

C Hip

Measure horizontally across the broadest part of the hip.

D Inside leg

Measure from crotch to just below the ankle bone. Make sure you keep the tape measure straight.



MEN'S SIZES

Normal waist and	×	(S	S	١	Л	L	×	(L	XXL	3)	ΧL	4XL	5)	XL	6XL
normal inseam E: Length 176-180 cm	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70
Normal waist and long Inseam E: Length 182-186 cm			C146	C148	C150	C152	C154	C156	C158						
A. Chest	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140
B. Waist*	72	76	80	84	88	92	97	102	107	112	117	122	128	134	140
C. Seat	88	92	96	100	104	108	112	116	120	124	128	132	137	142	147
D. Inseam normal	77	78	79	80	81	82	83	84	84	85	85	85	85	85	85
D. Inseam long			83	84	85	86	87	88	89		•				

Bigger waist and short inseam E: Length 170-174 cm	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
A. Chest	84	88	92	96	100	104	108	112	116	120	124	128	132	136
B. Waist*	78	82	86	90	94	98	103	108	113	118	123	128	134	140
C. Seat	90	94	98	102	106	110	114	118	122	126	130	134	139	144
D. Inseam	74	74	75	76	77	78	79	80	80	81	81	81	81	81

^{*} Choose your size of trousers according to your seat-size. Measure where you are widest.

To ensure an optimal fit, Blåkläder suggests that you always try on the garment before you buy it

WOMEN'S SIZES

Normal waist/seat and normal inseam E: Length 168 cm (± 4 cm)	X	(S	,	3	1	M	L	X	L	X	ΧL	3XL	4)	XL
	C30	C32	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52	C54	C56
A. Chest	73	76	80	84	88	92	96	100	104	110	116	122	128	134
B. Waist	62	65	68	71	74	78	82	86	90	95	101	107	113	119
C. Seat**	84	87	90	93	96	99	102	106	110	115	120	125	130	135
D. Inseam	75	76	77	78	79	80	81	82	83	83	83	83	83	83

Bigger waist/seat and short inseam E: Length 162 cm (± 4 cm)	D18	D19	D20	D21	D22	D23	D24	D25
A. Chest	84	88	92	96	100	104	110	116
B. Waist	73	77	81	85	89	93	98	104
C. Seat**	99	102	105	108	112	116	121	126
D. Inseam	74	75	76	77	78	78	78	78

 $[\]star\star$ Choose your size of trousers according to your seat-size. Measure where you are widest.

To ensure an optimal fit, Blåkläder suggests that you always try on the garment before you buy it.

KID'S SIZES

Normal E: Centilong	98-104	110-116	122-128	134-140	146-152	158-164
Year	4 y	6 y	8 y	10 y	12 y	14 y
A. Chest	55	58	62	67	73	79
B. Waist	52	54	55	56	63	66
C. Seat	58	62	66	72	79	85
D. Inseam	40	48	56	63	70	77

