

# HOW TO FIND THE RIGHT SIZE

Take your measurements according to the instructions. Wear close fitting underwear when measuring. All width measurements are measured around the circumference. If your measurement falls between sizes, buy the larger /longer size. Check the sizes available in each garment before ordering. Every size is not made in each model. To ensure the best possible fit, **Blåkläder recommends that you try on the garments before purchasing.**

## HOW TO TAKE YOUR MEASUREMENTS

### A Chest

Measure horizontally around the widest part of the chest. Make sure you keep the tape measure straight across your back.

### B Waist

For tops: measure horizontally around your natural waistline at navel height. For bottoms: measure your waist where you normally wear your pants.

### C Seat

Measure horizontally around the widest point of the seat.

### D Inside leg length

Measure from your crotch down to the floor. Take the measurement while not wearing shoes or boots.

### E Head circumference

Measure horizontally around your head.

### Pants Men

Measure your waist where you normally wear your pants and choose size according to your body measurement. Note that the garment will be slightly larger than your body measurement.

### Pants Women

Choose your size according to your seat measurement.



## US MEN'S SIZES

ALL MEASUREMENTS ARE IN INCHES

### TOPS

Size	XS	S	M	L	XL	XXL	3XL	4XL	5XL	6XL
A: Chest	33-34½	35-36	37½-39	40-41	42½-44	45-46	47-48½	49-50	52-53½	54-55
B: Waist	28½-30	30½-31½	33-34½	35-36	38-40	41-42	44-46	47-48	50-52½	53-55

### SIZE RANGE MEN'S PANTS

Inseam	28	30	32	34	36
Waist	30-32	30-50	30-50	30-46	34-40

Note that all models are not available in all sizes.

### HEADWEAR

Size	One Size
E: Head Circumference	20½ -25¼

## US WOMEN'S SIZES

ALL MEASUREMENTS ARE IN INCHES

### TOPS & PANTS

	XS	S		M		L	XL		XXL		XXXL
Swedish size	C32	C34	C36	C38	C40	C42	C44	C46	C48	C50	C52
<b>US/CA size</b>	<b>0</b>	<b>2</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>16</b>	<b>18</b>	<b>20</b>
A: Chest	30	31½	33	34½	36	37½	39	40½	43	45½	48
B: Waist	25½	27	28	29	30½	32	33½	35	37	39½	42
C: Seat*	34	35½	36½	38	39	40½	42	43½	45½	47½	49½

\*For pants: choose your size according to your widest point at seat.

Length sizing	Short	Regular	Long
D: Inside leg	29	31	33

### HEADWEAR

Size	One Size
E: Head Circumference	20½ -25¼

